



Sommet**beauty**
Canoe Place Inn & Cottages



ABOUT SOMMETBEAUTY

Sommetbeauty is a curator of clean, sustainable, luxurious beauty brands. In addition to sourcing and offering the best of clean beauty, we offer facial and body treatments in our New York City and Canoe Place Inn & Cottages locations. Our goal is to help our clients reach their highest potential in mind and body through restorative treatments and efficacious products. Inspired by the French pharmacy, Sommetbeauty and our team of expert estheticians and sales associates work to prescribe the best in clean beauty.



FACE TREATMENTS

PURELY MASSAGE FACIAL

60 minutes | \$260

Perfect for rest and relaxation, this facial focuses on massaging the face, neck, and décolleté - areas where one carries a lot of tension and stress. It includes a deep cleanse + light exfoliation + light extraction and concludes with a revitalizing alginate gel mask or hydrating mask, depending on the skin's needs.

THE SOMMET SIGNATURE FACIAL

60 minutes | \$350

Great for dry or sensitized skin, this treatment includes a deep cleanse + exfoliation + light extraction with massage modalities depending on one's skin condition ranging from lifting, sculpting, lymphatic, gua sha, and/or cupping. This facial is perfect for year round hydration for all skin types.

3-IN-1 HYDRATION FACIAL

60 minutes | \$360

This treatment includes a cleanse + liquid micro-dermabrasion exfoliation + light extractions, as well as massage modalities, tailored to one's skin condition. This is for most skin types and great for men. It is not recommended for rosacea or sensitized skin. Clients should refrain from strong exfoliation or facial hair removal within three days prior to this treatment.

THE TEEN FACIAL

30 minutes | \$150

For ages 12 - 19 years old, this treatment cleanses the skin with exfoliation and extractions with bespoke massage modalities depending on one's skin. The technology used includes the ultrasonic spatula, liquid micro-dermabrasion, cryo, and LED.

FACE TREATMENTS

MINI GLOW FACIAL

30 minutes | \$185

A quick pick-me-up in between regular facial treatments featuring a cleanse + light exfoliation with massage modalities, customized to your skin type. Technology used includes oxygen and cryo and gives you the perfect glow on the go.

L'ARRIÈRE

45 minutes | \$200

This treatment includes a cleanse + exfoliation + extractions with effleurage (long, sweeping strokes) massage for the back. With buildup from hair products and sweat in a hard-to-reach locale, this facial for the back is best for all skin types and is recommended on a quarterly basis. This can pair well with the extra extraction as an add-on.

COLLAGEN BOOST FACIAL

75 minutes | \$450

This facial works to stimulate collagen production and skin elasticity - it includes a cleanse + light extraction with a lifting and sculpting facial massage. The technology used: ultrasonic spatula + pulsed radio frequency stamping + oxygen + LED. Book treatments 1x a month to maintain results.

EVENT READY LIFT

75 minutes | \$500

This treatment features all the bells and whistles: a lymphatic double cleanse + light extraction and massage modalities, depending on one's skin condition: lifting, sculpting, lymphatic and/or gua sha. The technology used: ultrasonic spatula + EMS (electric muscle stimulation similar to micro-current) + oxygen + cyro + LED. We recommend a series of at least 4 treatments on a monthly basis leading up to your big event and is perfect for those who want extended pampering and relaxation.

BODY TREATMENTS

SOMMET SIGNATURE MASSAGE

60 minutes | \$250 90 minutes | \$375

For vibrant health and relaxation

This Swedish massage incorporates long strokes, kneading, and friction to ease tension, blood flow, lymphatic flow, and stimulates the body's natural rebuilding process.

DEEP TISSUE MASSAGE

60 minutes | \$280 90 minutes | \$390

For pain alleviation & muscle soreness

This is a deep tissue massage best for athletes and/or those suffering from chronic pain. Hot stones are not included, but optional.

PLANT-POWERED WELLNESS TREATMENT

60 minutes | \$280 90 minutes | \$405

For aches + pains + hydration

This massage relaxes your mind and soothes your soul. Ultra-healing plant-infused lotion relieves insomnia, eases neuropathic pain, reduces inflammation, minimizes muscle tension, improves circulation, combats cellular degeneration, and relieves headaches.

COMBINATION LYMPHATIC DRAINAGE + SWEDISH MASSAGE

60 minutes | \$350

This massage combines the techniques of a Swedish massage with lymphatic drainage massage work, providing maximum benefit by stimulating both systems in one session - lymphatic and circulatory.

LYMPHATIC DRAINAGE WELLNESS MASSAGE

60 minutes | \$350

A light, soothing non-invasive manual technique which moves fluid out of the body tissue and into the lymphatic system. It gently stretches the skin with precise, rhythmic pressure to open and close the tiny lymphatic vessels just underneath; a real Wellness Boost!

BODY TREATMENTS

BODY DETOX TREATMENT

60 minutes | \$330*

For detoxification + cellulite reduction + metabolism boost

A detoxifying and restorative full body experience, targeting skin and lymph health. This treatment combines exfoliation with full-body dry-brushing that stimulates natural lymph flow to purge toxins with a mud mask and scrub to support the body's lymphatic system, improving circulation as well as firming and hydrating the skin. The treatment ends with some invigorating reflexology for your feet to stimulate the body's organ systems.

** This treatment requires the purchase of a dry brush. Pricing does not include the body tool.*

PRENATAL MASSAGE

60 minutes | \$290

For enhanced circulation & relaxation

This bespoke massage for expectant mothers works to support the various changes happening to your body. Focusing on oneself during this crucial time of hormonal and body changes specifically helps relieve lower back pain, sciatica, and pelvic pain.



Sommet (*sɔ̃mmɛ*) *noun [masculine] /sɔ̃mmɛ/*

French English translation: summit

1. the highest point or part, as of a hill, a line of travel, or any object; top; apex
2. the highest point of attainment or aspiration

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